

VSL011BP

Vitality™ Series Selectorized

Back Extension



The Vitality™ Series Selectorized Line provides a compact, value-priced conditioning circuit that fits the space and budget requirements for a wide range of facilities, from hospitality to multi-family residential to community centers. New contemporary styling allows you to enhance the Vitality Selectorized strength training experience with pieces from Vitality Benches & Racks and Resolute Strength™ Selectorized.

The Vitality™ Series Back Extension features a unique walk-in-and-use design with no adjustments necessary. The elevated foot rest ensures proper knee and hip alignment throughout the exercise movement. Exercisers can easily engage the add-on weight with a simple push of a lever to increase the workload.



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Ensures Proper Alignment

To ensure proper knee/hip alignment and back stabilization, the foot rest is positioned to elevate the exerciser's knees to the correct angle.

Even Resistance with No Dead Spots

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

Focus on Comfort

The design of the lumbar pad and pivoting back pad ensures a smooth and natural path throughout the full range of motion.

Helpful Guidance

The conveniently located instructional placard provides step-by-step guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 38 x 52 x 61 in / 97 x 132 x 155 cm

Equipment Weight: 462 lb / 210 kg

Weight Stack: 200 lb / 91 kg

Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl

Upholstery



Black

*Colors may vary.

